

# COMMUNITY WELLNESS AWARDS 2019/2020

On behalf of the Northern First Nations Health Partnership Committee (NFNHPC), Northern Health (NH) and the First Nations Health Authority (FNHA) are offering Wellness Awards up to \$5,000 to support projects aimed at improving the health and well-being of Indigenous communities (First Nations, Inuit, and Métis).

## WELLNESS GRANT CRITERIA

Projects must support **community-based initiatives** that focus on **holistic health and wellness** and one or more of the following priorities:

1. Cultural Safety
2. Primary Care
3. Mental Wellness & Substance Use
4. Population & Public Health: community wellness activities

### Preference will be given to projects that:

- **Support collaboration** by encouraging different groups to work together towards a common goal such as community members (youth, families, Elders, etc.), health staff (Band, NH, FNHA), physicians, Aboriginal/Indigenous Health Improvement Committees (AHICs/ IHICs), other communities.
- **Support health and well-being** by combining Indigenous Wellness approaches with current health care approaches.
- **Builds healthy relationships** and enhance how people connect with each other, their families and their community (e.g. community holiday gatherings).
- **Capacity building and training** of local communities and Indigenous staff.

## IMPORTANT DATES

Call for applications released:  
**November 20, 2019**

Deadline for applications:  
**December 6, 2019**

Funds must be used prior to:  
**April 30, 2020**

**Applicants are encouraged to submit prior to the deadline.**

**Successful applicants will be notified in December 2019.**

## ELIGIBLE APPLICANTS:

- Located within Northern BC (NH & FNHA Northern Region);
- Indigenous community or organization (First Nations, Inuit, and Métis).

Applicants must complete the attached **2019/2020 Wellness Grant Application** and submit by mail, email, or fax.

**Mail:** Northern Health  
Indigenous Health  
600 - 299 Victoria Street  
Prince George BC V2L 5B8

**Email:** [Indigenous.Health@northernhealth.ca](mailto:Indigenous.Health@northernhealth.ca)

**Phone:** 250-649-7226

**Fax:** 250-564-7198

*For more information and to submit completed applications via mail, email or fax; contact Northern Health's Indigenous Health Department.*



First Nations Health Authority  
Health through wellness



**northern health**  
the northern way of caring