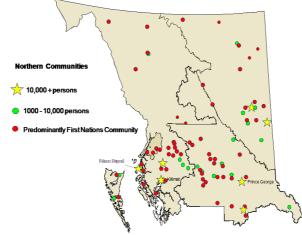
Indigenous health is holistic and seeks balance. At the heart of this view is an understanding that all things are connected and in relationship to one another - land, water, air, animals, individuals, families, and communities. Holistic health is a process that demands a broad and inclusive perspective for addressing health issues.









Indigenous Health

600 - 299 Victoria Street, Prince George, BC V2L 5B8 T 250-649-7226 | F 250-565-2640 Indigneous.Health@northernhealth.ca www.indigenoushealthnh.ca











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ABORIGINAL PATIENT LIAISONS (APL)

APLs work to ensure Indigenous Peoples and their families have access to high quality, culturally appropriate care. APLs help bridge the gaps between western and traditional medicine for a holistic health approach.

Indigenous Health supports ten APLs, nine of which are NH employees, and one is contracted by Carrier Sekani Family Services (Prince George).

SERVICES PROVIDED

- Arrange for translation services
- Help patients understand health care processes, procedures and terminology
- Help admission and discharge planning go according to patient needs
- Assist with Advance Health Care Planning
- Facilitate communication and cultural understanding between patient and care providers
- Assist patient with end-of-life resources
- Coordinate spiritual / cultural advisors
- Support and comfort family and friends
- Help link patients to First Nations Health Benefits

 Assist with transition to and within long-term care

REFERRALS:

Speak with a health care provider for a referral or contact your local APL directly.



Burns Lake Lakes District Hospital Vacant 250-692-2474



Chetwynd
Chetwynd General Hospital
Oshen Walker
250-788-7202
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Smithers
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District Hospital
Vacant
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This brochure was last updated in **November 2019**. Up-to-date information, including any staffing changes, is accessible online via the Indigenous Health website: www.indigenoushealthnh.ca/initiatives/APLs