Indigenous health is holistic and seeks balance. At the heart of this view is an understanding that all things are connected and in relationship to one another – land, water, air, animals, individuals, families, and communities. Holistic health is a process that demands a broad and inclusive perspective for addressing health issues.

The Northern Health region includes the area west to Haida Gwaii, north to the Yukon border, east to the Alberta border, and south to the Robson Valley, Quesnel and Alexandria.
SERVICES PROVIDED

• Arrange for translation services
• Help patients understand health care processes, procedures and terminology
• Help admission and discharge planning go according to patient needs
• Assist with Advance Health Care Planning
• Facilitate communication and cultural understanding between patient and care providers
• Assist patient with end-of-life resources
• Coordinate spiritual / cultural advisors
• Support and comfort family and friends
• Help link patients to First Nations Health Benefits
• Assist with transition to and within long-term care

ABORIGINAL PATIENT LIAISONS (APL)

APLs work to ensure Indigenous Peoples and their families have access to high quality, culturally appropriate care. APLs help bridge the gaps between western and traditional medicine for a holistic health approach.

Indigenous Health supports ten APLs, nine of which are NH employees, and one is contracted by Carrier Sekani Family Services (Prince George).

LOCAL RESOURCES:

Chetwynd Hospital and Health Centre
250-788-2236
Chetwynd Primary Care Clinic
250-788-7300
Tansi Friendship Centre
250-788-2996
Chetwynd Women’s Resource Society
250-788-3793
Northern Health Connections Medical Bus
1-888-647-4997

This brochure was last updated in February 2020. Up-to-date information, including any staffing changes, is accessible online via the Indigenous Health website: www.indigenoushealthnh.ca/initiatives/APLs

Northern Health is committed to partnering with First Nations and Aboriginal peoples and to building a health system that honours diversity and provides services in a culturally relevant manner.