

COMMUNITY WELLNESS AWARDS 2020/2021

On behalf of the Northern First Nations Health Partnership Committee (NFNHPC), Northern Health (NH) and the First Nations Health Authority (FNHA) are offering Wellness Awards up to \$5,000 to support projects aimed at improving the health and well-being of Indigenous communities (First Nations, Inuit, and Métis).

WELLNESS GRANT CRITERIA

Projects must support **community-based initiatives** that focus on **holistic health and wellness** and one or more of the following priorities:

1. Cultural Safety
2. Primary Care
3. Mental Wellness & Substance Use
4. Population & Public Health: community wellness activities

Preference will be given to projects that:

- **Support collaboration** by encouraging different groups to work together towards a common goal such as community members (youth, families, Elders, etc.), health staff (Band, NH, FNHA), physicians, Aboriginal/Indigenous Health Improvement Committees (AHICs/ IHICs), other communities.
- **Support health and well-being** by combining Indigenous Wellness approaches with current health care approaches.
- **Builds healthy relationships** and enhance how people connect with each other, their families and their community (e.g. community holiday gatherings).
- **Capacity building and training** of local communities and Indigenous staff.
- **COVID-19:** To protect those most vulnerable, and to make sure that our health system is able to care for those who become severely ill, we ask that all projects follow COVID-19 [BCCDC guidelines](#).

IMPORTANT DATES

Call for applications released:
November 2, 2020

Deadline for applications:
November 30, 2020

Funds must be used prior to:
April 30, 2021

Applicants are encouraged to submit prior to the deadline.

Successful applicants will be notified in December 2020.

ELIGIBLE APPLICANTS:

- Located within Northern BC (NH & FNHA Northern Region);
- Indigenous community or organization (First Nations, Inuit, and Métis).

Applicants must complete the attached **2020/2021 Wellness Grant Application** and submit by mail, email, or fax.

Mail: Northern Health
Indigenous Health
600 - 299 Victoria Street
Prince George BC V2L 5B8

Email: Indigenous.Health@northernhealth.ca

Phone: 250-649-7226

Fax: 250-612-0810

For more information and to submit completed applications via mail, email or fax; contact Northern Health's Indigenous Health Department.



First Nations Health Authority
Health through wellness



northern health
the northern way of caring