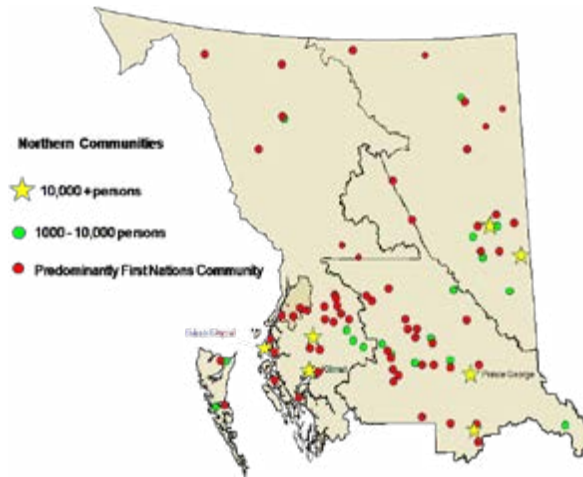


Indigenous health is holistic and seeks balance. At the heart of this view is an understanding that all things are connected and in relationship to one another – land, water, air, animals, individuals, families, and communities. Holistic health is a process that demands a broad and inclusive perspective for addressing health issues.



The Northern Health region includes the area west to Haida Gwaii, north to the Yukon border, east to the Alberta border, and south to the Robson Valley, Quesnel and Alexandria.



northern health
the northern way of caring

Indigenous Health

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Cover Photo: CC by 2.0, Duane Corlion - Burns lake, Summer 2002

Back Photo: Lake and mountain

(IND 05/20)

Aboriginal Patient Liaison Burns Lake and area

Updated April 2020



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Northern Health is committed to partnering with First Nations and Aboriginal peoples and to building a health system that honours diversity and provides services in a culturally relevant manner.

SARAH GRUEN

Aboriginal Patient Liaison

Lakes District Hospital & Health Centre
741 Centre Street
Burns Lake, BC V0J 1E0

Phone: 250-692-2474
Fax: 250-692-2405
Sarah.Gruen@northernhealth.ca

Hours: Monday - Friday
8:00 am to 4:00 pm

ABORIGINAL PATIENT LIAISONS (APL)

APLs work to ensure Indigenous Peoples and their families have access to high quality, culturally appropriate care. APLs help bridge the gaps between western and traditional medicine for a holistic health approach.

Indigenous Health supports ten APLs, nine of which are NH

employees, and one is contracted by Carrier Sekani Family Services (Prince George).

SERVICES PROVIDED

- Arrange for translation services
- Help patients understand health care processes, procedures and terminology
- Help admission and discharge planning go according to patient needs
- Assist with Advance Health Care Planning
- Facilitate communication and cultural understanding between patient and care providers
- Assist patient with end-of-life resources
- Coordinate spiritual / cultural advisors
- Support and comfort family and friends
- Help link patients to First Nations Health Benefits
- Assist with transition to and within long-term care

LOCAL RESOURCES:

Lakes District Hospital
250-692-2400

Lakes District Primary Care Clinic
250-692-2412

Burns Lake Medical Clinic
250-692-3111

Southside Health & Wellness Centre
250-694-3270

Granisle Health Centre
250-697-2251

Pines Care Home
250-692-2490

Ambulance
1-800-461-9911

Canadian Red Cross
1-800-278-7177

Northern Health Connections
1-888-647-4997

Bulkley-Nechako Transit Bus
1-855-499-1119

Police/Fire/Ambulance/Emergency
911

*This brochure was last updated in **April 2020**. Up-to-date information, including any staffing changes, is accessible online via the Indigenous Health website: www.indigenoushealthnh.ca/initiatives/APLs*