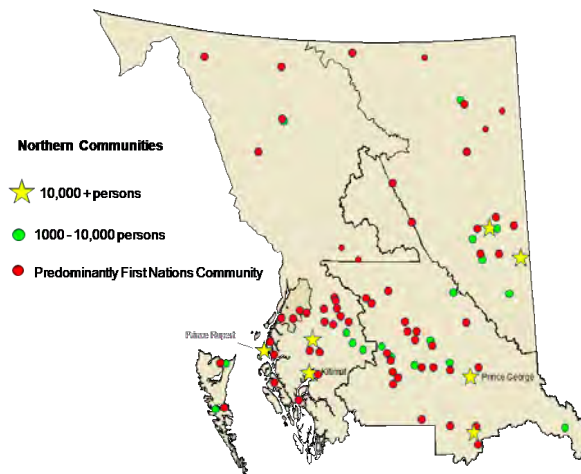


Indigenous health is holistic and seeks balance. At the heart of this view is an understanding that all things are connected and in relationship to one another – land, water, air, animals, individuals, families, and communities. Holistic health is a process that demands a broad and inclusive perspective for addressing health issues.



The Northern Health region includes the area west to Haida Gwaii, north to the Yukon border, east to the Alberta border, and south to the Robson Valley, Quesnel and Alexandria.



northern health
the northern way of caring

Indigenous Health

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Cover photo: Teepees near Fort St. John (C.Brinkworth); Inside: Beaded moccasins (K.Mitchell-Foster)

(IND 11/19)



Aboriginal Patient Liaison Fort St. John and area

Updated November 2019



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Northern Health is committed to partnering with First Nations and Aboriginal peoples and to building a health system that honours diversity and provides services in a culturally relevant manner.

APRIL DAVIS

Aboriginal Patient Liaison

Fort St. John Hospital
8407 112 Avenue
Fort St. John, BC V1J 0G4

Phone: 250-261-7418
Fax: 250-261-7636
April.Davis@northernhealth.ca

Hours: Monday - Friday
7:30 am to 3:30 pm

ABORIGINAL PATIENT LIAISONS (APL)

APLs work to ensure Indigenous Peoples and their families have access to high quality, culturally appropriate care. APLs help bridge the gaps between western and traditional medicine for a holistic health approach.

Indigenous Health supports ten APLs, nine of which are NH

employees, and one is contracted by Carrier Sekani Family Services (Prince George).

SERVICES PROVIDED

- Arrange for translation services
- Help patients understand health care processes, procedures and terminology
- Help admission and discharge planning go according to patient needs
- Assist with Advance Health Care Planning
- Facilitate communication and cultural understanding between patient and care providers
- Assist patient with end-of-life resources
- Coordinate spiritual / cultural advisors
- Support and comfort family and friends
- Help link patients to First Nations Health Benefits
- Assist with transition to and within long-term care

LOCAL RESOURCES:

Fort St John Hospital

250-262-5200

Hospital Social Worker

250-261-7417

Home and Community Care

250-263-6000

Mental Health and Addictions

250-263-6080

Cancer Services

250-261-7358

Red Cross

1-800-418-1111

Equipment loan

Fort St John Friendship Society

250-785-8566

Addictions counseling

Family support

Transition House (women)

250-785-5208

Crisis counselor

Shelter for women fleeing relational violence

Northern Health Connections

Medical Bus

1-888-647-4997

Public Health Unit

250-263-6000

Community Bridges

250-785-6021

Counselling and support services

Peace Villa

250-261-7450

Residential care facility

*This brochure was last updated in **November 2019**. Up-to-date information, including any staffing changes, is accessible online via the Indigenous Health website: www.indigenoushealthnh.ca/initiatives/APLs*