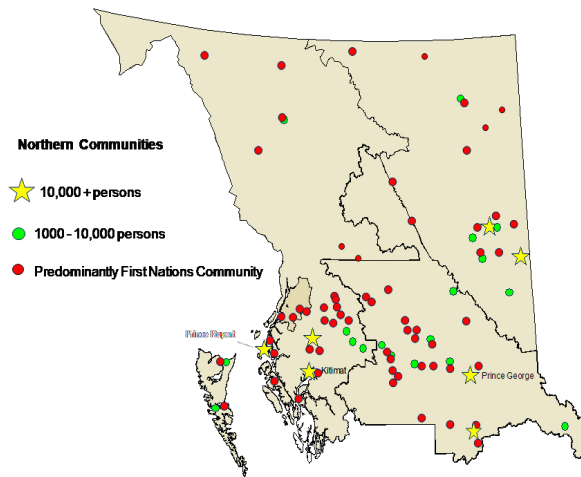


Indigenous health is holistic and seeks balance. At the heart of this view is an understanding that all things are connected and in relationship to one another – land, water, air, animals, individuals, families, and communities. Holistic health is a process that demands a broad and inclusive perspective for addressing health issues.



The Northern Health region includes the area west to Haida Gwaii, north to the Yukon border, east to the Alberta border, and south to the Robson Valley, Quesnel and Alexandria.



northern health
the northern way of caring

Indigenous Health

600 - 299 Victoria Street, Prince George, BC V2L 5B8

T 250-649-7226 | F 250-565-2640

Indigenous.Health@northernhealth.ca

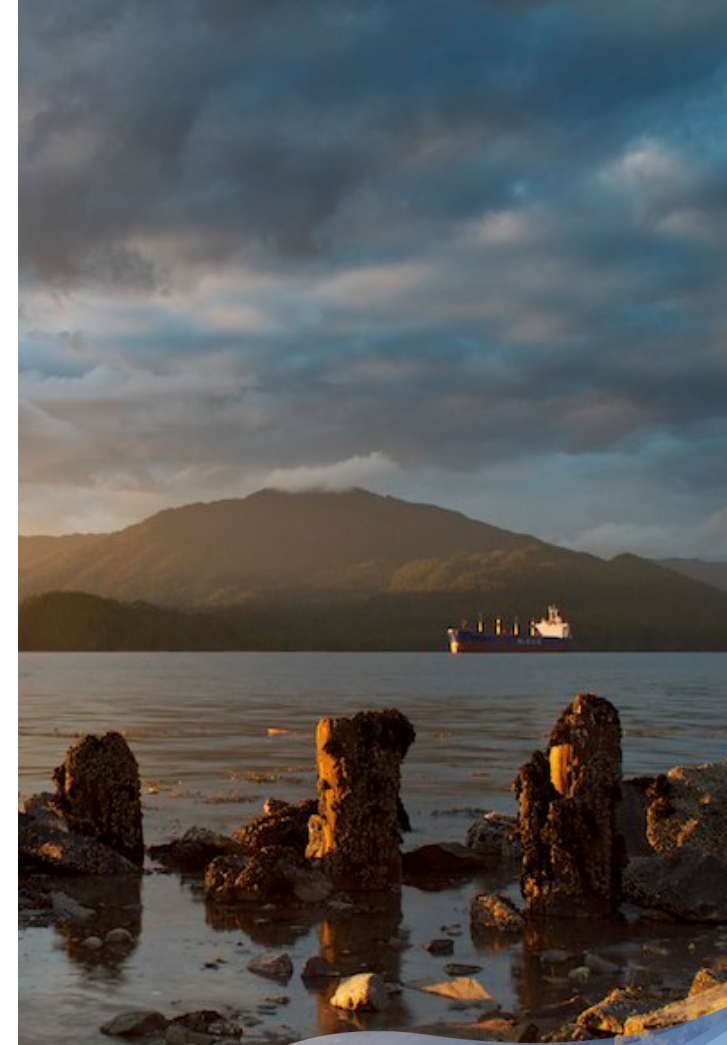
www.indigenoushealthnh.ca



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(IND 09/20)



Aboriginal Patient Liaison Prince Rupert

Updated September 2020



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Northern Health is committed to partnering with First Nations and Aboriginal peoples and to building a health system that honours diversity and provides services in a culturally relevant manner.

TRACY DOWNEY

Aboriginal Patient Liaison

Prince Rupert Regional Hospital
1305 Summit Avenue
Prince Rupert, BC V8J 2A6

Phone: 250-622-6520
Tracy.Downey@northernhealth.ca

Hours: Monday - Friday
8:00 am - 4:00 pm

ABORIGINAL PATIENT LIAISONS (APL)

APLs work to ensure Indigenous Peoples and their families have access to high quality, culturally appropriate care. APLs help bridge the gaps between western and traditional medicine for a holistic health approach.

Indigenous Health supports ten APLs, nine of which are NH

employees, and one is contracted by Carrier Sekani Family Services (Prince George).

SERVICES PROVIDED

- Arrange for translation services
- Help patients understand health care processes, procedures and terminology
- Help admission and discharge planning go according to patient needs
- Assist with Advance Health Care Planning
- Facilitate communication and cultural understanding between patient and care providers
- Assist patient with end-of-life resources
- Coordinate spiritual / cultural advisors
- Support and comfort family and friends
- Help link patients to First Nations Health Benefits
- Assist with transition to and within long-term care

LOCAL RESOURCES:

Prince Rupert Regional Hospital
250-624-2171

Community Services
250-622-6375

Home Support
250-622-6315

Mental Health and Addictions
250-622-6310

Cancer Services
250-622-6535

Red Cross (Equipment Loan)
250-622-6174

Prince Rupert Friendship House
250-627-1717
Addictions counseling
Family support

Transition House
250-627-8588
Crisis counselor
Shelter for women fleeing relational violence

Northern Health Connections Medical Bus
1-888-647-4997

First Nations Patient Transportation
Phone: 250-624-4646
Fax: 250-622-2893

*This brochure was last updated in **September 2020**. Up-to-date information, including any staffing changes, is accessible online via the Indigenous Health website: www.indigenoushealthnh.ca/initiatives/APLs*