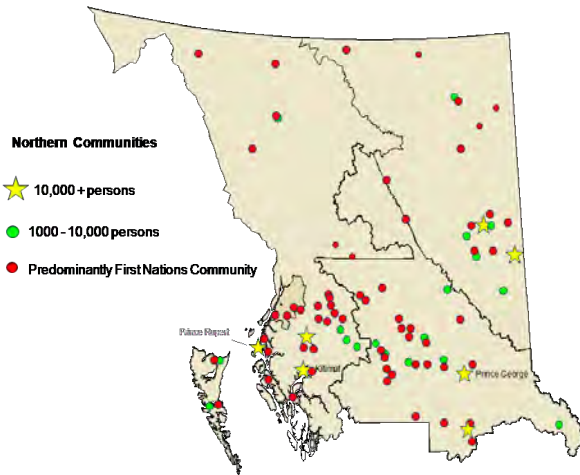


Indigenous health is holistic and seeks balance. At the heart of this view is an understanding that all things are connected and in relationship to one another – land, water, air, animals, individuals, families, and communities. Holistic health is a process that demands a broad and inclusive perspective for addressing health issues.



The Northern Health region includes the area west to Haida Gwaii, north to the Yukon border, east to the Alberta border, and south to the Robson Valley, Quesnel and Alexandria.



northern health
the northern way of caring

Indigenous Health
600 - 299 Victoria Street, Prince George, BC V2L 5B8
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Indigneous.Health@northernhealth.ca
www.indigenoushealthnh.ca



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Photos: Art by Aboriginal high school students donated to the G.R. Baker Memorial Hospital Aboriginal Art Hallway *A Walk on the Traditional Grounds*.

(IND 11/19)



Aboriginal Patient Liaison Quesnel and area

Updated November 2019



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Northern Health is committed to partnering with First Nations and Aboriginal peoples and to building a health system that honours diversity and provides services in a culturally relevant manner.

LYNDSEY RHEA

Aboriginal Patient Liaison

G.R. Memorial Hospital
543 Front Street
Quesnel, BC V2J 2K7

Phone: 250-985-5812
Cell: 250-983-8411
Fax: 250-985-5875
Lyndsey.Rhea@northernhealth.ca

Hours: Monday - Friday
8:30 am to 4:30 pm

ABORIGINAL PATIENT LIAISONS (APL)

APLs work to ensure Indigenous Peoples and their families have access to high quality, culturally appropriate care. APLs help bridge the gaps between western and traditional medicine for a holistic health approach.

Indigenous Health supports ten APLs, nine of which are NH

employees, and one is contracted by Carrier Sekani Family Services (Prince George).

SERVICES PROVIDED

- Arrange for translation services
- Help patients understand health care processes, procedures and terminology
- Help admission and discharge planning go according to patient needs
- Assist with Advance Health Care Planning
- Facilitate communication and cultural understanding between patient and care providers
- Assist patient with end-of-life resources
- Coordinate spiritual / cultural advisors
- Support and comfort family and friends
- Help link patients to First Nations Health Benefits
- Assist with transition to and within long-term care

LOCAL RESOURCES:

G.R. Baker Memorial Hospital

250-985-5600

Dunrovin Park Lodge

250-985-5800

Heiho Clinic

250-992-2934

Fraserview Clinic

250-992-3636

Holley Clinic

250-992-2153

Quesnel Medical Clinic

250-993-8948

Avery Clinic

250-992-8322

Gold City Walk-in Clinic

250-992-6006

Friendship Centre

250-992-8347

North Cariboo Aboriginal Family Program Society

250-992-9160

Quesnel Women's Resource Centre

250-992-8472

Amata Transition House

250-992-7321

Season's House

Emergency short term housing, transitional housing, and support and advocacy 250-991-0222

Quesnel Mental Health and Addictions

250-983-6828

*This brochure was last updated in **November 2019**. Up-to-date information, including any staffing changes, is accessible online via the Indigenous Health website: www.indigenouthealthnh.ca/initiatives/APLs*