Indigenous health is holistic and seeks balance. At the heart of this view is an understanding that all things are connected and in relationship to one another – land, water, air, animals, individuals, families, and communities. Holistic health is a process that demands a broad and inclusive perspective for addressing health issues.

The Northern Health region includes the area west to Haida Gwaii, north to the Yukon border, east to the Alberta border, and south to the Robson Valley, Quesnel and Alexandria.
SERVICES PROVIDED

- Arrange for translation services
- Help patients understand health care processes, procedures and terminology
- Help admission and discharge planning go according to patient needs
- Assist with Advance Health Care Planning
- Facilitate communication and cultural understanding between patient and care providers
- Assist patient with end-of-life resources
- Coordinate spiritual / cultural advisors
- Support and comfort family and friends
- Help link patients to First Nations Health Benefits
- Assist with transition to and within long-term care

ABORIGINAL PATIENT LIASIONS (APL)

APLs work to ensure Indigenous Peoples and their families have access to high quality, culturally appropriate care. APLs help bridge the gaps between western and traditional medicine for a holistic health approach.

Indigenous Health supports ten APLs, nine of which are NH employees, and one is contracted by Carrier Sekani Family Services (Prince George).

LOCAL RESOURCES:

- BV District Hospital 250-847-2611
- Mental Health and Addictions 250-847-6405
- Home and Community Care 250-847-6234
- Bulkley Lodge Residential Care 250-847-4443
- Smithers Community Services 250-847-9515
- Healthy Living Centre 250-877-4424
- Positive Living Northwest Society HIV, AIDS & HCV Services 250-877-0042
- Northern Society for Domestic Peace 250-847-9000
- Pregnancy Outreach 250-847-9477
- Passage Transition House 24-Hour Woman’s Shelter 250-847-2595
- Goodacre Place 250-847-4660
- Salvation Army 250-847-1501
- High Road Services Society 250-847-2285
- Dze L K’ant Friendship Centre 250-847-5211
- Office of the Wet’suwet’en 250-847-3630
- Witset Health Centre 250-847-9328
- NH Connection Medical Bus 1-888-647-4997
- BC Transit Public Transport 1-877-842-2131