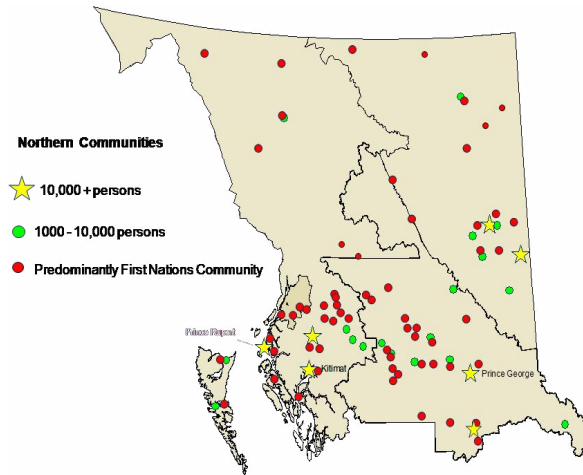


Indigenous health is holistic and seeks balance. At the heart of this view is an understanding that all things are connected and in relationship to one another – land, water, air, animals, individuals, families, and communities. Holistic health is a process that demands a broad and inclusive perspective for addressing health issues.



The Northern Health region includes the area west to Haida Gwaii, north to the Yukon border, east to the Alberta border, and south to the Robson Valley, Quesnel and Alexandria.



northern health
the northern way of caring

Indigenous Health

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Cover photo: Totem poles in Gitwangak, BC (H.McGregor)

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(IND 03/20)



Aboriginal Patient Liaison Smithers and area

Updated March 2020



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Northern Health is committed to partnering with First Nations and Aboriginal peoples and to building a health system that honours diversity and provides services in a culturally relevant manner.

LISA MCKINNON

Aboriginal Patient Liaison

Bulkley Valley District Hospital
3950 8th Avenue
Smithers, BC V0J 2N0
Phone: 250-643-7347
Fax: 250-847-6240
Lisa.McKinnon@northernhealth.ca

Hours: Monday, Tuesday, Thursday,
Friday
8:00 am to 4:00 pm

ABORIGINAL PATIENT LIAISONS (APL)

APLs work to ensure Indigenous Peoples and their families have access to high quality, culturally appropriate care. APLs help bridge the gaps between western and traditional medicine for a holistic health approach.

Indigenous Health supports ten APLs, nine of which are NH

employees, and one is contracted by Carrier Sekani Family Services (Prince George).

SERVICES PROVIDED

- Arrange for translation services
- Help patients understand health care processes, procedures and terminology
- Help admission and discharge planning go according to patient needs
- Assist with Advance Health Care Planning
- Facilitate communication and cultural understanding between patient and care providers
- Assist patient with end-of-life resources
- Coordinate spiritual / cultural advisors
- Support and comfort family and friends
- Help link patients to First Nations Health Benefits
- Assist with transition to and within long-term care

LOCAL RESOURCES:

BV District Hospital

250-847-2611

Mental Health and Addictions

250-847-6405

Home and Community Care

250-847-6234

Bulkley Lodge Residential Care

250-847-4443

Smithers Community Services

250-847-9515

Healthy Living Centre

250-877-4424

Positive Living Northwest Society HIV, AIDS & HCV Services

250-877-0042

Northern Society for Domestic Peace

250-847-9000

Pregnancy Outreach

250-847-9477

Passage Transition House 24-Hour Woman's Shelter

250-847-2595

Goodacre Place

250-847-4660

Salvation Army

250-847-1501

High Road Services Society

250-847-2285

Dze L K'ant Friendship Centre

250-847-5211

Office of the Wet'suwet'en

250-847-3630

Witset Health Centre

250-847-9328

NH Connection Medical Bus

1-888-647-4997

BC Transit Public Transport

1-877-842-2131