

# COMMUNITY WELLNESS AWARDS 2023/2024

On behalf of the Northern First Nations Health Partnership Committee (NFNHPC), Northern Health (NH) and the First Nations Health Authority (FNHA) are offering Wellness Awards up to \$8,000 to support projects aimed at improving the health and well-being of First Nations communities.

## WELLNESS GRANT CRITERIA

Projects must support **community-based initiatives** that focus on **holistic health and wellness** and one or more of the following priorities:

1. Cultural Safety
2. Primary Care
3. Mental Wellness & Substance Use
4. Population & Public Health: community wellness activities
5. Traditional Wellness

### Preference will be given to projects that:

- **Support collaboration** by encouraging different groups to work together towards a common goal such as community members (youth, families, Elders, etc.), health staff (Band, NH, FNHA), physicians, and other communities.
- **Support health and well-being** by combining Indigenous Wellness approaches with current health care approaches.
- **Builds healthy relationships** and enhance how people connect with each other, their families and their community (e.g. community holiday gatherings).
- **Capacity building and training** of local communities and Indigenous staff.

## ELIGIBLE APPLICANTS:

- Located within Northern BC (NH & FNHA Northern Region);
- First Nations community or organization.

Applicants must complete the attached **2023/2024 Wellness Grant Application** and submit by mail, email, or fax.

## IMPORTANT DATES

Call for applications released: **October 16, 2023**

Deadline for applications: **November 13, 2023**

Funds must be used prior to: **April 30, 2024**

**Reporting Deadline: May 31, 2024**

Applicants are encouraged to submit prior to the deadline.

**Mail:** Northern Health  
Indigenous Health  
500 - 299 Victoria Street  
Prince George BC V2L 5B8

**Email:** Indigenous.Health@northernhealth.ca

**Phone:** 250-645-3144

**Fax:** 250-645-8095

*For more information and to submit completed applications via mail, email or fax contact Northern Health Indigenous Health.*



First Nations Health Authority  
Health through wellness



**northern health**  
the northern way of caring