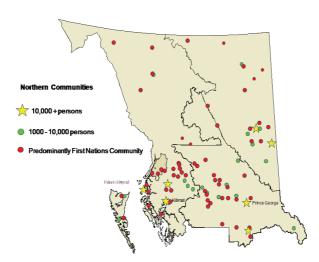
Indigenous health is holistic and seeks balance. At the heart of this view is an understanding that all things are connected and in relationship to one another – land, water, air, animals, individuals, families, and communities. Holistic health is a process that demands a broad and inclusive perspective for addressing health issues.









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(IND 05/21)



Aboriginal Patient Liaisons

Updated May 2021





ABORIGINAL PATIENT LIAISONS (APL)

APLs work to ensure Indigenous Peoples and their families have access to high quality, culturally appropriate care. APLs help bridge the gaps between western and traditional medicine for a holistic health approach.

Indigenous Health supports ten APLs, nine of which are NH employees, and one is contracted by Carrier Sekani Family Services (Prince George).

SERVICES PROVIDED

- Arrange for translation services
- Help patients understand health care processes, procedures and terminology
- Help admission and discharge planning go according to patient needs
- Assist with Advance Health Care
 Planning
- Facilitate communication and cultural understanding between patient and care providers
- Assist patient with end-of-life resources
- Coordinate spiritual / cultural advisors
- Support and comfort family and friends
- Help link patients to First Nations
 Health Benefits

• Assist with transition to and within long-term care

REFERRALS:

Speak with a health care provider for a referral or contact your local APL directly.

Burns Lake

Lakes District Hospital **Sarah Gruen** 250-692-2474 Sarah.Gruen@northernhealth.ca

Chetwynd

Chetwynd General Hospital Oshen Walker 250-788-7202 Oshen.Walker@northernhealth.ca

Dawson Creek Dawson Creek and District Hospital Margaret McGillis 250-795-6190 Margaret.Mcgillis@northernhealth.ca

Fort St. John

Fort St. John Hospital **VACANT** 250-261-7418

Hazelton

Wrinch Memorial Hospital Angie Combs 250-842-4407 Angie.Combs@northernhealth.ca

Omineca Region

Angie Prince 250-567-8930 Angie.Prince@northernhealth.ca

Prince George

University Hospital of Northern BC Carol Ryan 778-349-1348 / 250-565-2364 Carol.Ryan@northernhealth.ca

Prince Rupert

Prince Rupert Regional Hospital **Tracy Downey** 250-624-2171 <u>Tracy.Downey@northernhealth.ca</u>

Quesnel

GR Baker Memorial Hospital Lyndsey Rhea 250-985-5812 Lyndsey.Rhea@northernhealth.ca

Smithers

Bulkley Valley District Hospital Lisa McKinnon 250-643-7347 Lisa.McKinnon@northernhealth.ca

Terrace

Mills Memorial Hospital Lloyd McDames 250-638-4085 Lloyd.Mcdames@northernhealth.ca

Terrace

Mills Memorial Hospital **Tanya Gregoire** 250-635-2211 <u>Tanya.Gregoire@northernhealth.ca</u>

This brochure was last updated in **May 2021**. Up-to-date information, including any staffing changes, is accessible online via the Indigenous Health website: <u>www.</u> <u>indigenoushealthnh.ca/initiatives/APLs</u>