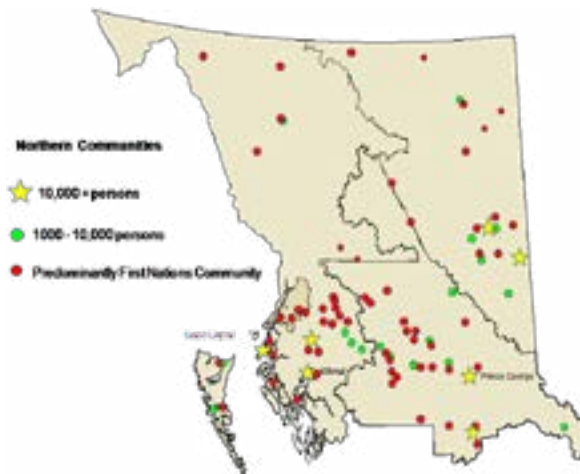


Indigenous health is holistic and seeks balance. At the heart of this view is an understanding that all things are connected and in relationship to one another – land, water, air, animals, individuals, families, and communities. Holistic health is a process that demands a broad and inclusive perspective for addressing health issues.



Indigenous Health

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(IND 12/02)



Aboriginal Patient Liaisons

Updated December 2020



ABORIGINAL PATIENT LIAISONS (APL)

APLs work to ensure Indigenous Peoples and their families have access to high quality, culturally appropriate care. APLs help bridge the gaps between western and traditional medicine for a holistic health approach.

Indigenous Health supports ten APLs, nine of which are NH employees, and one is contracted by Carrier Sekani Family Services (Prince George).

SERVICES PROVIDED

- Arrange for translation services
- Help patients understand health care processes, procedures and terminology
- Help admission and discharge planning go according to patient needs
- Assist with Advance Health Care Planning
- Facilitate communication and cultural understanding between patient and care providers
- Assist patient with end-of-life resources
- Coordinate spiritual / cultural advisors
- Support and comfort family and friends
- Help link patients to First Nations Health Benefits

- Assist with transition to and within long-term care

REFERRALS:

Speak with a health care provider for a referral or contact your local APL directly.



Burns Lake
Lakes District Hospital
Sarah Gruen
250-692-2474
Sarah.Gruen@northernhealth.ca



Chetwynd
Chetwynd General Hospital
Oshen Walker
250-788-7202
Oshen.Walker@northernhealth.ca



Dawson Creek
Dawson Creek and District Hospital
Margaret McGillis
250-795-6190
Margaret.Mcgillis@northernhealth.ca



Fort St. John
Fort St. John Hospital
April Davis
250-261-7418
April.Davis@northernhealth.ca



Hazelton
Wrinch Memorial Hospital
Angie Combs
250-842-4407
Angie.Combs@northernhealth.ca



Prince George
University Hospital of Northern BC
Carol Ryan
778-349-1348 / 250-565-2364
Carol.Ryan@northernhealth.ca



Prince Rupert
Prince Rupert Regional Hospital
Tracy Downey
250-622-6520
Tracy.Downey@northernhealth.ca



Quesnel
GR Baker Memorial Hospital
Lyndsey Rhea
250-985-5812
Lyndsey.Rhea@northernhealth.ca



Smithers
Bulkley Valley District Hospital
Lisa McKinnon
250-643-7347
Lisa.McKinnon@northernhealth.ca



Terrace
Mills Memorial Hospital
Lloyd McDames
250-638-4085
Lloyd.Mcdames@northernhealth.ca

*This brochure was last updated in **December 2020**. Up-to-date information, including any staffing changes, is accessible online via the Indigenous Health website: www.indigenoushealthnh.ca/initiatives/APLs*